

# CERTIFICADO

TRAIL LONGO



PARABÉNS!

**NOME ATLETA**

**MANUEL ALVES**

**TEMPO FINAL**

**02:32:02**

**GERAL**

**115°**

**ESCALÃO**

**11°**

**TEMPO CHIP**

**02:31:49**

**MÉDIA KM**

**00:06:54**



PROZIS



**2019**