

# CERTIFICADO

TRAIL LONGO



PARABÉNS!

**NOME ATLETA**

**JOSE MARTINS**

**TEMPO FINAL**

**03:19:10**

**GERAL**

**220°**

**ESCALÃO**

**6°**

**TEMPO CHIP**

**03:18:44**

**MÉDIA KM**

**00:09:03**



PROZIS



**2019**